

Karen Vogelmann

Inspire + Empower = Problem Solved



About Karen

Karen works to inspire and empower people to live their dream life.

Karen began "life" as a research chemist for a major pharmaceutical company in 1986. After completing her massage certification in 1995, she worked in Germany developing a new therapy and

leading workshops. Back in the US, she worked as CFO for a million dollar manufacturing company, achieved Reiki Master and CTA Certified Coach. She has been speaking and writing professionally since 1988. Using her 5-step Manifest Your Big Dreams™ system and Your Awesome Body™ workshops, she helps people improve the way they communicate with themselves and achieve their dreams. She knows that success is an inside job.

Her holistic approach helps people break free from recurring, limiting patterns and focus on creating the life they truly desire and deserve.

She coaches both privately and in groups, writes regular blog articles and is a recognized speaker. For more about Karen, visit her [blog](#).

"Thank you for a very professional presentation. You put what we all sort of know into a very dynamic and interesting format." - Barbara Beardsley

Karen's Topics

7 Dirty Words: What You Say That Gets in Your Way

Are you frustrated because you've tried positive thinking and visualization and feel like you're still stuck? Join Karen and learn how to shift the 7 Dirty Words and get out of your own way. Get real help, and finally get what you really want.

GPS Your Success: It's an Inside Job

Are you frustrated that you work so hard and still seem to be spinning your wheels? Are you overwhelmed by your to-do list? Are you tired of trying to willpower your way to success? Karen teaches you the true power of goal-setting; how to program your internal GPS and how to use the Easy Button to achieve your goals.

"When things seem to be going on a downward spiral, Karen's the one to help you get pumped back up." - Wendy Wilkins

"Karen does a tremendous job using examples to lead guests to grasp and imprint a concept to make steps toward self improvement." - Gail Turluck, Connective Marketing, ConnectiveMarketingLLC.com

"I learned that I can change my life in any way. I will visualize and commit to taking the time to create the life I want and deserve." - Patti Hilden, Construction Management

To Book Karen for Your Event

mobile: 269.978.8386

YourAwesomeLife.com

karen@YourAwesomeLife.com

YourAwesomeLife.com

[facebook/LiveYourAwesomeLife](https://www.facebook.com/LiveYourAwesomeLife)

[twitter/KarenVogelmann](https://twitter.com/KarenVogelmann)

[linkedin/KarenVogelmann](https://www.linkedin.com/in/KarenVogelmann)

Your Awesome Life - Plainwell, MI 49080

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Speaking Style

Karen's presentation style is **warm, insightful and information-packed**. Her approach is **direct and encouraging**. She helps people commit to changes that help them create the life they really want. **Karen guides her audiences to**

neutralize failure and pave the way to sustained success.

She helps them **discover an inspiring vision for their life** that helps them actually *live* that life. Karen shares **practical techniques to move through obstacles that stop us in our tracks so that we can live our purpose "on purpose"**.

Karen shows audiences exactly how to make things happen. Her personal motto is: **"When you do what you've always done, you get what you've always gotten. When you want something different, do something different."** which is exactly what she teaches your organization.

Karen presents to both small and large groups offering keynotes, seminars and workshops. She delivers programs that have you and your audience **engaged, inspired and asking for more!**

Events

Advancing Lives – ASEA Team
Curves - Texas Corners
EmpowerU Training Series
InterCom
Kalamazoo Network
Mary Kay
Michigan Professional Women's Resource
NAIFA's Young Advisors Team – Kalamazoo
PCI Expo Keynote
RE/MAX Advantage
Rotary
Silpada
SolSpring Spa
The Strategic Small Business Initiative (SSBI)
TOWER Women's Networking
Women In Networking Richland
Your Life Unplugged: A Women's Retreat

Clients

Carrascoso Law Office
Edward Jones Advisor
First Financial Bank
Hawks Hollow Builders
Lake Pacor Home Mortgage
Modern Woodmen Advisor
Morgan the Makeup Artist
Relaxation & Purification Center
Second Look Communications
SJ Wood Electric
SolSpring Spa
The Barton Group
Valley Oak Financial
Wells Fargo Home Mortgage
Wraps and Signs by Trim It

"I especially love the exercises you use that show how important our words really are."
Workshop participant

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[twitter/KarenVogelmann](https://twitter.com/KarenVogelmann)

[linkedin/KarenVogelmann](https://www.linkedin.com/company/KarenVogelmann)

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